

Challenged Youth: Risks, Traumas, and Special Needs

April 2016 PNM Resource Highlights

“What Young People Need to Thrive: Leveraging the Strengthening Families Act to Promote Normalcy”

2015 by *The Annie E. Casey Foundation*

Overview: The Jim Casey Youth Opportunities Initiative has spent 14 years working with young people with foster care experience, engaging them to help identify what they need to transition successfully to adulthood. Consistently, young people have emphasized that their foster care experiences were far from normal. What they needed — but too often did not receive — was what their peers not in foster care typically have: parents to love and guide them; close relationships with their siblings, extended family members and other committed adults; a sense of identity and belonging; and daily experiences such as extracurricular activities, sleepovers and time just hanging out with friends.

Where to Find It: Go to the OSTRC Document Library at www.ostrc.org/doclibrary and click on the “Caring Relationships & Behavior Guidance” tab. Find the report toward the end of the *Caring Relationships* section (just above *Mentoring* section).

“Behavioral Health Trends in the United States: Results from the 2014 National Survey on Drug Use and Health” September 2015 by *U.S. SAMHSA*

Overview: This report shows that the percentage of people ages 12-17 who smoke, drink or abuse certain drugs is falling according to findings from 2014 survey data.

Where to Find It: Go to the OSTRC Document Library at www.ostrc.org/doclibrary and click on the “Health, Wellness, Safety, & Nutrition” tab. Find the report in the *Mental Health and Wellness* section.

Featured Information:

“Keeping Children Safe: After School Staff and Mandated Child Maltreatment Reporting”

(Fall 2014)

Afterschool Matters

Summary:

Afterschool providers serve a unique purpose in a young person's life and may be able to help identify child maltreatment. Authors explore the relationship between staff training and knowledge related to mandated reporting.

Where to find the full article:

Go to the OSTRC Document Library at www.ostrc.org/doclibrary and click on the “Health, Wellness, Safety, & Nutrition” tab. Find the report under the *Trauma, Abuse, and Neglect* section.

Supporting staff and programs that serve children and youth