

## Classroom and Behavior Management

February 2016 PNM Resource Highlights

### **"What Works for Acting-Out (Externalizing) Behavior: Lessons from Experimental Evaluations of Social Interventions"**

**2011** by *Child Trends Fact Sheet*

**Overview:** This fact sheet presents lessons learned from 123 rigorously evaluated programs for children and youth that are designed to prevent and/or reduce acting-out or externalizing behavior (such as verbal and/or physical intimidation or physical aggression, defiant or argumentative behavior, hyperactivity, impulsivity, and delinquent behaviors). Overall, slightly over half of the programs (68 out of 123) reduced externalizing behavior. Many programs that teach at-risk children and youth how to manage strong emotions can reduce externalizing behavior.

**Where to Find It:** Go to the OSTRC Document Library at [www.ostrc.org/doclibrary](http://www.ostrc.org/doclibrary) and click on the "Caring Relationships & Behavior Guidance" tab. Find the report under the *Behavior Guidance and Classroom Management* section.

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### **"Theater of the oppressed in an after-school program: Middle school students' perspectives on bullying and prevention"**

**2014** by *Middle School Journey*

**Overview:** Foram Bhukhanwala presents information on the use of Boalian Theater in bully-prevention. Through role-play students rehearse how to react to experienced or witnessed bullying. The experience presented a safe space for middle school students to explore the feelings of all those involved in and effected by bullying.

**Where to Find It:** Go to the OSTRC Document Library at [www.ostrc.org/doclibrary](http://www.ostrc.org/doclibrary) and click on the "Caring Relationships & Behavior Guidance" tab. Find the report under the *Behavior Guidance and Classroom Management* section.

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#### Featured Information:

### **"Addressing children's challenging behavior"**

(February 2011)

**Mary Gersten**

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#### Summary:

Teachers encounter a variety of discipline issues in the classroom each day. Here are some suggestions—perhaps reminders—about how to facilitate children's development in these areas, while addressing their challenging behavior.

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#### Where to find the full article:

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*Supporting staff and programs that serve children and youth*